

# WORKSHOP 1

## Benew sportive workshop

### Exercise for diabetes: beneficial effect of new educational and physical activity programs

Martes 07 de noviembre de 2023

Horario: 08:00 – 09:30 horas

Polideportivo Universidad de La Rioja

Coordinadores: Olatz Gonzalez Cordero / Iván Santolalla Arnedo

#### Inscripción

<https://forms.office.com/e/urtkPr8zze>

